


# HD SEPTEMBER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p><b>LABOR DAY</b></p> 	<p>3</p> <p>STUFFED CABBAGE SLICED CARROTS MASHED POTATOES APPLESAUCE FRUIT PUNCH RYE BREAD MILK</p>	<p>4</p> <p>CHEESE LASAGNA DICED CARROTS ITALIAN BLEND SLICED PEACHES GRAPE JUICE DINNER ROLL MILK</p>	<p>5</p> <p>LEMON CHICKEN WHITE RICE ORIENTAL MIXED VEGETABLES SHERBERT PINEAPPLE JUICE DINNER ROLL MILK</p>	<p>6</p> <p>BAKED SALMON GREEN PEAS &amp; PEARL ONIONS BROWN RICE BANANA CAKE CRANBERRY JUICE RYE BREAD MILK</p>
<p>9</p> <p>MEATLOAF WITH GRAVY CHOPPED SPINACH MASHED POTATOES FRUIT COCKTAIL TOMATO JUICE RYE BREAD MILK</p>	<p>10</p> <p>ORANGE CHICKEN BROCCOLI FRIED RICE FRESH FRUIT APPLE JUICE DINNER ROLL MILK</p>	<p>11</p> <p>TURKEY SAUSAGE BITES RIGATONI W/ TOMATO CREAM SAUCE MIXED VEGETABLES APRICOT HALVES GRAPE JUICE DINNER ROLL MILK</p> <p><u>Patriots Day</u></p>	<p>12</p> <p>CHICKEN CUTLET W/ GRAVY PEAS &amp; CARROTS MASHED POTATOES POUND CAKE CRANBERRY JUICE BREAD MILK</p>	<p>13</p> <p>CRAB CAKE DICED BEETS BAKED MACARONI &amp; CHEESE LEMON PUDDING ORANGE JUICE WHEAT BREAD MILK</p>
<p>16</p> <p>KNOCKWURST WITH SAUERKRAUT GREEN PEAS POTATO PANCAKES APPLESAUCE PINEAPPLE JUICE DINNER ROLL MILK</p>	<p>17</p> <p>BROCCOLI CHEESE FISH DICED CARROTS SAFFRON RICE LEMON PUDDING GRAPE JUICE RYE BREAD MILK</p>	<p>18</p> <p>CHEESE OMELET STEWED TOMATOES &amp; ZUCCHINI HASH BROWN FRESH FRUIT PINEAPPLE JUICE WHEAT BREAD MILK</p>	<p>19</p> <p>ROASTED TURKEY &amp; GRAVY SLICED CARROTS HERBED STUFFING COOKIES APPLE CIDER DINNER ROLL MILK</p>	<p>20</p> <p>BAKED MANICOTTI BROCCOLI FLORETS DICED CARROTS PEAR HALVES APPLE JUICE DINNER ROLL MILK</p>
<p>23</p> <p>GRILLED CHICKEN SANDWICH GREEN PEAS WILD RICE FIG NEWTONS FRUIT PUNCH DINNER ROLL MILK</p> <p><i>Fall Begins Sept. 23</i></p>	<p>24</p> <p>MEATBALLS PASTA W/ SAUCE ITALIAN GREEN BEANS SLICED PEACHES GRAPE JUICE WHEAT BREAD MILK</p>	<p>25</p> <p>BAKED VIRGINIA HAM GREEN PEAS SWEET POTATOES APPLESAUCE APRICOT JUICE RYE BREAD MILK</p>	<p>26</p> <p>STUFFED PEPPERS CARROTS WHOLE PARSLEY POTATOES MARBLE POUND CAKE CRANBERRY JUICE RYE BREAD MILK</p>	<p>27</p> <p>BREADED FISH WINTER BLEND AU GRATIN POTATOES FRUIT COCKTAIL APPLE JUICE RYE BREAD MILK</p>
<p>30</p> <p>HAMBURGER WITH KETCHUP BAKED BEANS POTATO GEMS DICED PEARS APPLE JUICE BUN MILK</p>	